



## Our Newsletter

*The Center for Loss in Multiple Birth (CLIMB), Inc.*

*By and for parents throughout the United States, Canada & beyond who have experienced the death of one or more, both or all their children during a twin, triplet or higher multiple pregnancy, at birth, or in infancy or childhood...and caring others, since 1987*

- an annual newsletter by and for bereaved multiple birth parents, with personal stories and updates, features, and resource and events information
- for parents who are members of the newsletter mailing list, a parent contact list that includes bereaved multiple birth parents throughout the United States and Canada (and some in other countries) who would like to be in touch with others; and a Facebook group that is private for members of the mailing list
- our public website, which includes sections on:
  - the loss of both or all the babies, the loss of a twin, the loss an “older” twin or multiple (loss in childhood), the loss of a multiple to SIDS, and the loss of one or more (but not all) triplets, quads, or other higher order multiples
  - selective reduction, issues about subsequent pregnancy or other family building after loss in multiple birth, the grief of fathers, the grief of grandparents, and how we remember our baby or babies
  - raising surviving multiples and siblings
  - articles and resources for caregiving professionals, twins and multiples organizations, and family and friends
  - examples of birth and memorial announcements
  - FAQs (frequently asked questions)
  - bibliography of information and support articles and other items in print and online on various aspects of multiple birth loss, and a listing of relevant resources

**To receive a sample copy of the newsletter, email: [climb@climb-support.org](mailto:climb@climb-support.org) or [centerforlossinmultiplebirth@gmail.com](mailto:centerforlossinmultiplebirth@gmail.com)**

If you do not have access to email, please write to: CLIMB, P.O. Box 190401, Anchorage AK 99519, and allow 3-4 weeks.

Please indicate your location and your reason for interest (bereaved parent, professional, twins/multiples group, loss support group, or other).

Phone/Skype calls can be arranged on request.

**[www.climb-support.org](http://www.climb-support.org)**